



Parc national
de la Vanoise



Very easy (loop)



4 h



6.1 km



+ 378 m



*Lake and glacier,
Viewpoint*

Loop of Lac Blanc

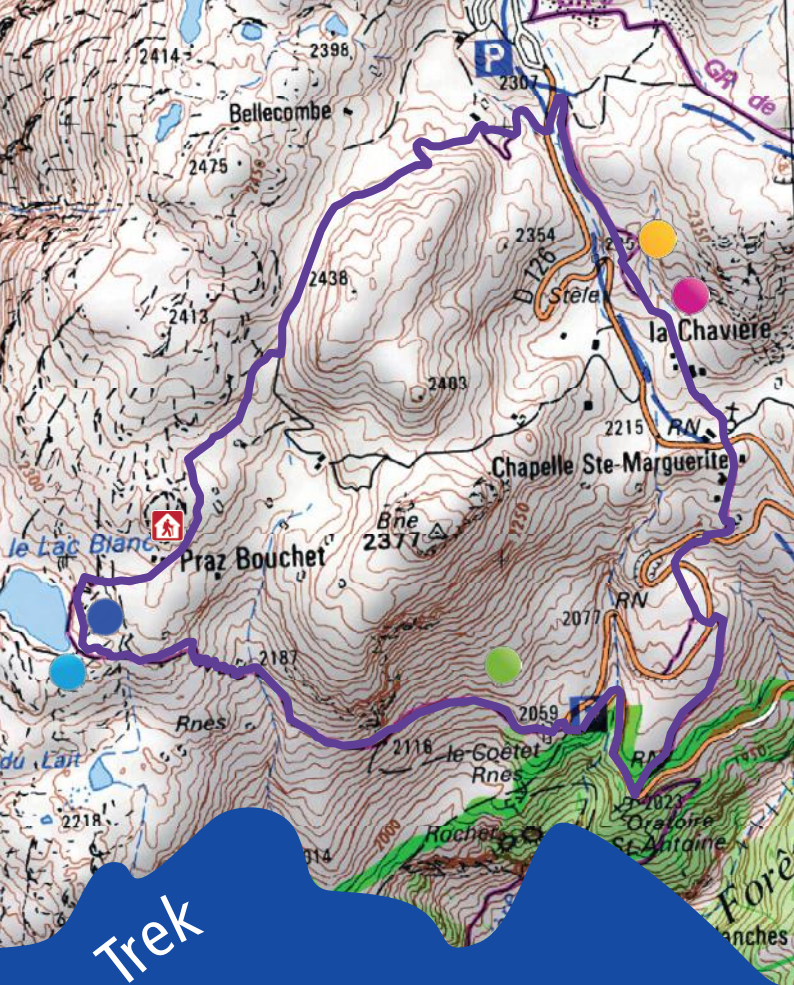
Haute-Maurienne
Val-Cenis-Termignon

Easy loop offering exceptional views of the Dent Parrachée, the Vanoise glaciers and plunging perspectives over the gorges of Doron de Termignon.


«Clear skies, beautiful morning. The trail on the slope rises gently towards Lac Blanc, the resounding and rhythmic song of the partridges accompanying me. Once at the lake, I sit down. The magic of the first rays of the sun will soon shine on the summit of the Parrachée. Its artful face is revealed little by little. I'll have to wait a while for the sun to warm my back but everything is set and the day can start!»

Laurent Perier-Muzet, Vanoise National Park ranger





- From Coëtet car park, take the trail in the direction of Lac Blanc walking alongside the slope.
- Once you arrive at Lac Blanc, you can either walk around it (in about 1/2 hour), or to go directly to the Refuge du Lac Blanc to take the track to the Bellecombe car park.
- Then follow the signs to the hamlet of Chavière.
- The path descends gently to the Coëtet car park.

- **Departure** : Coëtet car park (Termignon)
- **Arrival** : Coëtet car park (Termignon)
- **Markings** : Park 

Max elevation : 2378 m



Min elevation : 2025 m

On your path...

The rock partridge

Of the family of pheasants, the largest of the partridges is a typical mountain bird that inhabits the often steep slopes at over 1,000 m in altitude.

The Vanoise is one of the reference sites where numbers are monitored. Open your eyes and ears and it may well be in the vicinity of the path. It sings mostly at dawn and dusk, a resounding, rhythmic and squeaking song. The rock partridge cries, clucks, chuckles, calls and recalls.



Le lac blanc

This lake, due to the highly impermeable bedrock, is mainly fed by runoff water. It cascades in to the Doron gorges 400 metres below. As you approach the shore, you may be lucky enough to see a bearded vulture, the largest of the European birds of prey. A couple nest in these gorges, a little further upstream. Get the binoculars out!

The Dent Parrachée

The east face of the second summit of Vanoise (3,697 m in altitude) stands before you. It inspires mountaineers every year to climb it to enjoy one of the most stunning views of the Alps. Unfortunately, the ascent has also had its fair share of tragic accidents reminding us that man must remain humble in the face of nature. All paths have their difficulties in climbing, including the route classified as least difficult but it does follow a very beautiful, snowy and sometimes airy rocky ridge.



The flowering meadows

These meadows, rich in biodiversity, are essential for breeders, enabling them to provide for their animals during the winter while producing high-quality fodder which directly affects the quality of milk. It is therefore vital to respect them and not deviate from the path especially before mowing around the 1st of August. Wild boar occasionally climb up to this point and damage the meadows by turning them over in search of food. If this is a cost for farmers who have to restore it to its original state, it is also the price they pay for their quality!



The hamlet of Chavière

The hamlet of Chavière, once occupied only in summer by inhabitants of Termignon, regroups 14 buildings. The salt and cheese road passes through the hamlet, forming "an avenue" in the hamlet, which is exceptional at this altitude and for purely seasonal use. The heritage value of this rural architecture is remarkable. Unfortunately, the current neglect of the buildings is contributing to their state of ruin.





To go there...

Access and transport



From the Maison de la Vanoise to Termignon, take the D1006 to the top of the valley. In the first hairpin bend on the right, take the D 126 on the left towards Bellecombe car park. Stop 9 km further up at the Coëtet car park.



Rail connection to Modane.



Then transport by coach to the administrative centre of Termignon. Then free shuttle bus Termignon-Bellecombe, from July to August and the weekends from 15th June to 14th September.



Suggested hitchhiking organised in the Haute-Maurienne valley : www.rezopouce.fr

Information desks

- ✓ Vanoise Information Desk and Point Information Vanoise
Maison de la Vanoise, Place Vanoise
Termignon 73500 Val-Cenis (04 79 05 99 06 et 04 79 20 54 54)

Useful information

This hike is in the core of the national park. The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors (www.vanoise-parcnational.fr).

More hikes on rando.vanoise.com

